



2025 FALL GAMES

Sunday, September 14th

All event details are subject to change, view the online version to see the most up to date version of this event guide

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SCHEDULE OVERVIEW



We are excited to host the 2025 Fall Games Track + Field (Athletics), Soccer, and Softball Competitions on Sunday September 14th at Collins Perley Sports and Fitness Center

See map for more details on locations

7:30am: Volunteer Check-in - Corner of Soccer Fields

8:30am: Delegation Check-in - Corner of Soccer Fields

8:30am: Volunteer Training

- Track and Field Support Training with Tanner Petry and Tony Kaigle Collins Perley Track
- Soccer Volunteer Training with Ben Marlow Collins Perley Soccer Fields
- Softball Umpire Meeting with Joe Larose Collins Perley next to delegation check-in tent

9:00am: Coach Meetings

- Track and Field Coach Meeting With Tanner Petry and Tony Kaigle Collins Perley Track
- Soccer Coach Meeting with Ben Marlow Soccer Fields
- Softball Coach Meeting with Joe Larose Collins Perley next to delegation check-in tent

9:15am: Delegations line up for parade of athletes - *Collins Perley Track*

9:30am: Parade of Athletes and Opening Ceremonies - Collins Perley Track

10:00am: Competitions begin

- Track and Field Collins Perley Track
- Soccer Collins Perley Soccer Fields #1 #4
- Softball Saint Albans Educational Center (shuttle will be available from 9:30am-3:30pm)

10:00am - 3:00pm: Healthy Athletes - Collins Perley Sports and Fitness Center Building

11:30am: Morning Track + Field Awards - *Collins Perley Track*

Lunch is generously provided by our Silver Partner Jersey Mike's Subs **for registered delegates and event volunteers ONLY** .

- Snack Building at far end of Collins Perley Track for Soccer and Track
- Softball HQ Tent at St. Albans Town Educational Center for Softball



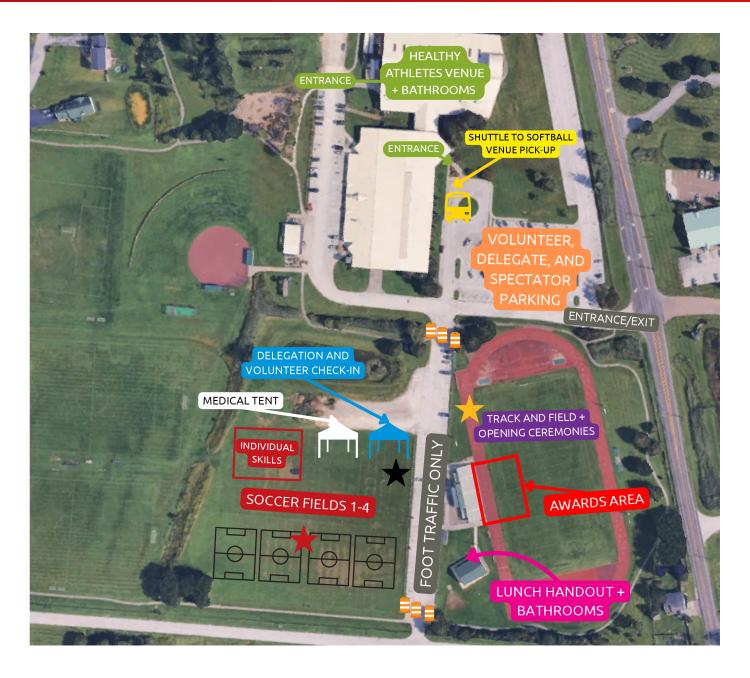
Afternoon: Competition continues

- Track and Field Collins Perley Track
- Soccer Collins Perley Soccer Fields #1- #4
- Softball Saint Albans Educational Center (shuttle will be available from 9:30am-3:30pm)

2:30pm-4:00pm: Awards for Track and Field, Soccer, and Softball Collins Perley Track

EVENT MAP & DIRECTIONS





Delegation check in, opening ceremonies, Track & Field and Soccer competitions, and awards will take place at **Collins Perley Sports & Fitness Center** 890 Fairfax Rd, St Albans City, VT 05478. Volunteers and Registered delegates and participants can park in the main parking lot.

See next page for Softball Venue and Shuttle Map.



Track and Field Coaches Meeting



Soccer Coaches Meeting



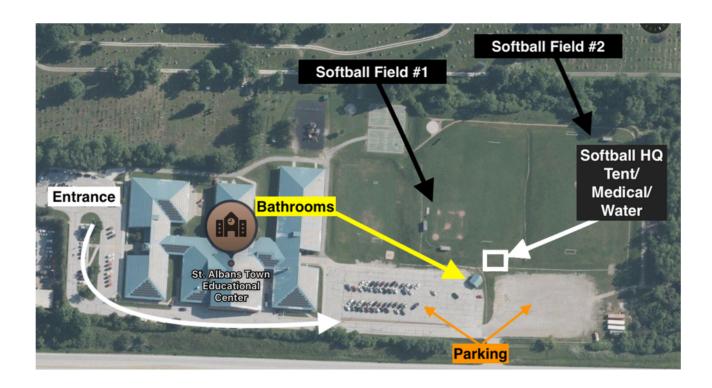
Softball Coaches Meeting

EVENT MAP & DIRECTIONS



Softball Competitions will be held at Saint Albans Town Educational Center *169 S Main St, St Albans City, VT 05478*

• There will be a shuttle running from 9:30am-3:30pm to transport registered delegates, spectators, and volunteers between Collins Perley and Saint Albans Town Educational Center. Running every 20 minutes.





IMPORTANT NOTES



LUNCH

- Lunch is provided for registered delegates and event volunteers ONLY.
- Please consult your Venue / Field schedule for your lunch time
- Lunches for softball will be transported to St. Albans Town Educational Center
- Lunch includes pre-ordered sandwiches from Jersey Mikes (italian, ham, turkey, veggie) along with fruit options.
- Bottled water will be available for handout at lunch venue.

SOFTBALL INFORMATION

- Softball Competitions will be held at Saint Albans Town Educational Center 169 S Main St, St Albans City, VT 05478.
- There will be a shuttle running from 9:30am-3:30pm to transport registered delegates, spectators, and volunteers between Collins Perley and Saint Albans Town Educational Center. Running every 20 minutes.

PLEASE BE AWARE

- There are no cleats allowed indoors at the Collins Perley building.
- Spectators will have access to bleachers during Track and Field events.
- Seating is not provided for soccer and softball competitions, so please **bring your own chair or blanket for spectating.**

REMEMBER

- We are hosted at these fantastic venues through the generosity and goodwill of the staff and management of Collins Perley Sports and Fitness Center and the St. Albans Town Educational Center.
- Please leave these spaces even better than you found them: pick up all trash and recycling!

INCLEMENT WEATHER



INCLEMENT WEATHER

PRE-EVENT

- If the event is canceled or modified due to inclement weather a notice will be shared through all communication channels.
- In the event your delegation is unable to attend the event or is delayed, please call **Arthur Clayton**, **Sports Manager 603-558-4959**.

DURING EVENT

HEAT

- We will look at the temperature index to determine if adaptations need to be made. Some adaptations may include (but are not limited to):
 - Moving games to earlier or later in the day so they do not coincide with the peak heat of the day
 - Shortening or canceling games to accommodate for the heat
 - Add a mandatory water time out at the mid-way point of each half of play for both teams

LIGHTNING

- When thunder is heard or lightning is seen, athletes and spectators must leave the field and go inside to the hockey rink located within the Collins Perley Sports and Fitness Center building.
- Once lightning has been recognized or thunder heard, teams must wait at least thirty minutes (thirty-minute rule) before resuming activities. Any subsequent lightning or thunder after the beginning of the 30-minute count should reset the clock and another count should begin.
- Of note: There is no indoor alternative for track and field, soccer, and softball games. Therefore, if certain weather conditions exist, for example lightning, abiding by the thirty-minute rule is the only option.

MEDICAL & EMERGENCY INFO



MEDICAL

- Medical personnel will be available for all competitions.
- All delegations/coaches are required to have a copy of all of their athletes medical forms at all times.
- If an injury is handled on-site, please notify medical personnel and complete an
 accident/incident report. Once completed, please return to medical personnel, ideally Alex
 Gilman, Health Programs Manager 802-861-0271.
- The medical staff does not carry, nor are they allowed to dispense over the counter medications. Therefore, Tylenol, Advil, etc. are not available. Please plan accordingly.
- If you are not feeling well or have a fever, please stay home.

PREVENTATIVE MEASURES

- **Hydration:** Proper hydration is imperative in all weather conditions. Drink plenty of fluids and bring a reusable water bottle to access water stations.
- **Clothing:** Wearing appropriate clothing before, during, and after play is imperative to be prepared for all weather conditions. When possible, wear light colors and moisture wicking quick dry fabric.
- **Sun Protection:** Sun safety is important. Appropriate application and re-application of SPF 30+ sunscreen to protect against the sun is highly encouraged. So, please remember sunscreen, lip protection, a hat, and sunglasses.
 - Visit the University of Vermont Cancer Center's tent for sunscreen and some fun sun safety tips!
- Use player substitutions more often during play.
- Be proactive, if you see someone who looks like they need assistance, please notify medical personnel.
- Symptoms of heat illness to be aware of (If you or anyone experience these symptoms, seek medical assistance immediately):
- Fatigue, weakness, headache, dizziness, light-headed, nausea/vomiting, skin which is pale, sweaty, and clammy.

EMERGENCY PROCEDURES

In the event of an emergency:

- Ensure the safety of your surroundings and safety of others.
- Secure medical care for affected individual(s).
- Notify Alex Gilman, Health Programs Manager <u>802-861-0271</u>.
- Refer requests for information and all media requests to Sarah McCaffrey, President/CEO 802-557-4144
- Assist with completion of necessary accident/incident reports.
- Await further instructions.
- In the event an athlete is taken to the hospital, make sure the athlete has their:
 - Medical Form
 - Release Form
 - Accident/Incident Report Form

HEALTHY ATHLETES



We are very excited to offer 2 Healthy Athletes Screenings, Special Smiles and Health Promotion from 10:00 AM - 3:00 PM located inside Collins Perley at the indoor tennis courts.

Athletes who complete **both** screenings will have the option of receiving one of the following (while supplies last):

- a water bottle
- a towel
- a lunch box
- a tote bag

Two golf carts will be available to aid in the transport athletes to and from screenings on an asneeded basis!

HEALTHY ATHLETES SPECIAL SMILES®

During this screening, participants can receive free oral health screenings, oral hygiene instructions, fluoride application, and for those athletes participating in contact sports, mouthguards! All participants leave with free preventative supplies such as toothpaste, a toothbrush, and floss!

HEALTHY ATHLETES HEALTH PROMOTION

During this screening, participants can receive free health screenings for bone density, blood pressure, and body mass index (height and weight). Participants also receive education on nutrition, hydration, physical activity, sun safety, hand washing, and tobacco avoidance/cessation. All participants take home free sunscreen, lip balm, and their own UV bracelet.

Healthy Athletes Screenings are not just opportunities for athletes, it is also an opportunity for healthcare professionals and students to learn more about how to provide inclusive health practices to people with intellectual and developmental disabilities, and extend that enhanced care throughout their community.

For more information please contact **Alex Gilman, SOVT's Health Program Manager: agilman@vtso.org**

THANK YOU PARTNERS

Thank you to our SILVER partner Jersey Mike's Subs for generously providing lunch to our registered delegates and event volunteers!

